

# ĀMAN SPA PRICE LIST

## SIGNATURE EXPERIENCES

Inspired by China - Thailand - India - the Americas

2 hrs 30 min ..... £280

## HOLISTIC MASSAGE

1 hr ..... £110

1 hr 30 min ..... £150

2 hrs ..... £190

## BODY

Body Scrub .....45 min.....£90

Body Envelopment.....45 min ..... £90

Full Body Experience .....2 hrs ..... £190

## TRAVELLER

aman “to-go” massage....30 min ..... £70

facial boost .....30 min ..... £70

jet lag reviver .....45 min ..... £90

recovery reflexology .....2 hrs ..... £200

jet lag recovery .....2 hrs ..... £280

goodnight Watsu®

1 hr/90 min/2 hrs from ..... £160

## HOLISTIC ORGANIC FACIALS

Aman Signature Facial

1 hr 30 min..... £150

Aman Facial .....1 hr ..... £110

Facial Boost .....30 min ..... £70

## Facial Additions

Eye Lifting .....15 min ..... £25

Neck & Décolletage Lifting

15 min ..... £25

## Facial Rejuvenation

initial session.....1 hr 30 min..... £165

follow up .....1 hr ..... £120

## NURTURING NEW LIFE

### Body Nurturing

Nurture .....1 hr 30 min ..... £150

Uplift .....45 min ..... £90

## Pre and Post Natal Therapies

Pre & Post natal Reflexology

1 hr ..... £120

## SPECIALISED THERAPIES

Equilibrium.....3 hrs ..... £310

## Reflexology

Refresh.....30 min ..... £75

Relax .....1 hr..... £120

Restore.....1 hr 15 min..... £140

Revitalize.....1 hr 30 min..... £165

Recovery (Jet Lag) ...2 hrs ..... £200

## TCM Acupuncture

Initial.....1 hr 30 min .... £165

General .....60 min..... £120

Follow up.....45 min..... £95

## Naturopathic Nutrition Consultations

In depth.....2 hrs ..... £200

Initial.....1 hr 30 min..... £165

General.....1 hr ..... £120

Follow up.....45 min..... £95

Introduction.....30 min..... £75

## Osteopathy

Initial

Consultation.....45 min ..... £110

Follow-up

Consultation .....30 min ..... £90

## FINISHING TOUCHES

### Striking eyes

Eye Brow Tint .....	£20
Eye Lash Tint .....	£25
Eye Brow and Lash Tint .....	£40
Eye Brow Shape .....	£20
Eye Brow and Lash Tint, and Shape ...	£50

### Hand and Foot Care

Aman Spa offers full service manicure and pedicure treatments using nail varnish that is free of formaldehyde, toluene and phthalates.

#### Signature Hand and Foot Therapy

45 min .....	£75
Maintenance Manicure...30 min .....	£60
Aman Manicure.....1 hr .....	£90
Maintenance Pedicure....45 min .....	£75
Aman Pedicure.....75 min .....	£95

## Hair Removal

Lip .....	£15
Chin.....	£15
Face .....	£20
Under Arm .....	£20
Bikini .....	£30
Hi Bikini .....	£40
Brazilian * .....	£50
Hollywood * .....	£55
Half Leg .....	£35
Three Quarter Leg.....	£40
Full Leg.....	£50
The Works.....	£90

\* Cream hot wax containing organic Tea Tree

### Men

Back.....	£55
Chest .....	£50
Back and Chest.....	£90

## BODY MOVEMENT & FITNESS

FLUID BODY .....	1 hr .....	£120
	1 hr 15 min .....	£140

### PERSONAL TRAINING 1:1

1 hr .....	£120
1 hr 30 min .....	£165

BESPOKE SPA PACKAGES  
GROUP BOOKINGS  
SPA MEMBERSHIP RATES  
available on request



# CONNAUGHT

Carlos Place, Mayfair, London W1K 2AL

Tel: +44 (0)20 3147 7305/6

Email: [amanspa@the-connaught.co.uk](mailto:amanspa@the-connaught.co.uk) Website: [the-connaught.co.uk](http://the-connaught.co.uk)