## COBURG BAR BREAKFAST Available until 11:30am

## **MORNING SHAKES & JUICES**

Almond Milk, Avocado, Green Apple, Spinach, Dates, Banana  Fitness & Protein Shake (ve) 131Kcal  Omega Seed Butter, Organic Chia, Dates, Almond Milk, Blueberry, Hemp  Green Juice (ve) 66Kcal  Granny Smith Apple, Cucumber, Lemon & Ginger  Turmeric Tonic (ve) 204Kcal  Turmeric Root, Acacia Honey, Lime, Himalaya Salt  BOWLS
Omega Seed Butter, Organic Chia, Dates, Almond Milk, Blueberry, Hemp  Green Juice (ve) 66Kcal  Granny Smith Apple, Cucumber, Lemon & Ginger  Turmeric Tonic (ve) 204Kcal  Turmeric Root, Acacia Honey, Lime, Himalaya Salt
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BOWLS
Bircher Muesli (v) 227Kcal
Apples, Brazil Nuts
Granola & Yoghurt (v) 229Kcal 17
Add Seasonal Berries +8
Porridge (v) 370Kcal 12
Choice of: Berries, Brazil Nuts, Flaked Almonds, Bananas, Sultanas or
Honey, Made with Milk or Water
Organic Giuten Free Pornage (v) 63kcai
Hemp Seeds, Nuts, Dates Bee Pollen, Goji Berries. Blueberries
Vanilla Chia Bowl (ve) 143Kcal
Seasonal Fruits, Dates, Cacao, Brazil Nuts, Coconut Milk 18.5
Açai Bowl (ve) 434Kcal 17
Coconut Yoghurt, Banana, Cacao Nibs
SWEET (v)
French Brioche Toast 328Kcal
Roasted Fruit
Butter Milk Pancakes 304Kcal
Seasonal Berries, Banana 17
Homemade Pastry Selection 614Kcal
Croissant, Pain Au Chocolate, Chausson aux Pommes, Danish

## **EGG DISHES**

Truffle Scrambled Eggs (v) 369Kcal	40
Scrambled Eggs Oak Smoked Salmon 461Kcal	29
Eggs Royal Salmon 433Kcal	26
Eggs Florentine Spinach (v) 38oKcal	24
Eggs Benedict Ham 420Kcal	26
Omelette 338Kcal	25
Choice of fillings: Tomatoes, Onions, Peppers, Mushrooms, Cheese, or Ham	
Two eggs (v)	16
Fried, Poached, Scrambled	
SIDES	
Toast, Jam & Butter (v) 341 Kcal White or Brown or Granary Jam & Butter	6.5
ON SEEDED GRANARY TOAST	
Avocado (ve) 399Kcal	19
Sunflower Seeds, Lime & Chilli Add a Poschod Eggs (A) (Selfcal	
Add 2 Poached Eggs (v) 465Kcal Add Oak Smoked Salmon 528Kcal	+9
Aud Oak Sitioked Sailtion 520kcai	+15

Please inform us of any allergies and / or dietary requirements. All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.