## COBURG BAR BREAKFAST Available until 11:30am

## **MORNING SHAKES & JUICES**

Green Boost (v) 242Kcal	15
Almond Milk, Avocado, Green Apple, Spinach, Dates, Banana	
Fitness & Protein Shake (ve) 131Kcal	15
Omega Seed Butter, Organic Chia, Dates, Almond Milk, Blueberry, Hemp	
Green Juice (ve) 66Kcal	13
Granny Smith Apple, Cucumber, Lemon & Ginger	
Turmeric Tonic (ve) 204Kcal	13
Turmeric Root, Acacia Honey, Lime, Himalaya Salt	

## BOWLS

Bircher Muesli (v) 227Kcal	15
Apples, Brazil Nuts	
Granola & Yoghurt (v) 229Kcal	17
Add Seasonal Berries	+8
Porridge (v) 370Kcal	12
Choice of: Berries, Brazil Nuts, Flaked Almonds, Bananas, Sultanas or	12
Honey, Made with Milk or Water	1.0
Organic Gluten Free Porridge (v) 63Kcal	16
Hemp Seeds, Nuts, Dates Bee Pollen, Goji Berries. Blueberries	
Vanilla Chia Bowl (ve) 143Kcal	
Seasonal Fruits, Dates, Cacao, Brazil Nuts, Coconut Milk	18.5
Açai Bowl (ve) 434Kcal	17
Coconut Yoghurt, Banana, Cacao Nibs	
SWEET (v)	22
French Brioche Toast 328Kcal	20
Roasted Fruit	20
Butter Milk Pancakes 304Kcal	
Seasonal Berries, Banana	17
Homemade Pastry Selection 614Kcal	
Croissant, Pain Au Chocolate, Chausson aux Pommes, Danish	

## EGG DISHES

Truffle Scrambled Eggs (v) 369Kcal	40
Scrambled Eggs Oak Smoked Salmon 461Kcal	29
Eggs Royal Salmon 433Kcal	26
Eggs Florentine Spinach (v) 380Kcal	24
Eggs Benedict Ham 420Kcal	26
<b>Omelette 338Kcal</b> Choice of fillings: Tomatoes, Onions, Peppers, Mushrooms, Cheese, or Ham	25
Two eggs (v)	16
Fried, Poached, Scrambled	
SIDES	
<b>Toast, Jam &amp; Butter (v) 341 Kcal</b> White or Brown or Granary Jam & Butter	6.5
ON SEEDED GRANARY TOAST	
<b>Avocado (ve) 399Kcal</b> Sunflower Seeds, Lime & Chilli	19
Add 2 Poached Eggs (v) 465Kcal	+9

+15

Please inform us of any allergies and / or dietary requirements. All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

Add Oak Smoked Salmon 528Kcal