



THE CONNAUGHT

IN-ROOM DINING MENU

Dear guest,

One of the most celebrated kitchens in London is at your service throughout your stay.

Our in-room dining menu features a selection of Connaught specialties. Whether you would like a three-course meal or a light snack, our menu offers a choice for any time of the day. We will happily prepare any meal that is not on the menu, as long as the ingredients are available.

Should you wish to arrange private dining in your room or suite, you will find menu suggestions on the following pages. To design a bespoke menu for your special occasion we would require 24 hours' notice.

Please note that a discretionary service charge of 15% will be added to your room account and a £5 delivery charge per person will be added to your order.

You can reach the In-Room Dining team via extension 43.

(v) Suitable for vegetarians, (ve) vegans. Please notify us of your specific dietary requirements to ensure we can provide accurate information and advice on the ingredients and allergens in our dishes. Calorie figures are approximate.

BREAKFAST	4-8
ALL DAY DINING	9-17
DESSERTS	18
JEAN-GEORGES AT THE CONNAUGHT	19-20
MIDDLE EASTERN SELECTION	21-22
JUNIOR SELECTION	23
LATE NIGHT	24-27
AFTERNOON TEA	28
DRINKS SELECTION	29-30
CHAMPAGNE & WINE	31-33
SPIRITS	34-35
SOFT DRINKS	36
CIGARETTES	37

BREAKFAST

CONTINENTAL BREAKFAST

£35

*Bakery basket including home-made croissant,
pain au chocolat, fruit Danish, brioche
Served with butter, preserves & honey, 1,021 Kcal*

Your choice of toast, freshly pressed juice & hot beverage

THE CONNAUGHT BREAKFAST

£45

*Bakery basket including home-baked croissant,
pain au chocolat, fruit Danish, brioche
Served with butter, preserves & honey, 1,359 Kcal*

Your choice of toast, freshly pressed juices & hot beverages

Eggs of your choice with two side dishes

JAPANESE BREAKFAST, 406 Kcal

£55

*Salmon hajikami 鮭照り焼き
Japanese omelette 卵焼き
White kamaboko (fish cake) かまぼこ
Miso soup 味噌汁
Umeboshi (dried plum) 梅干し
Seasonal fresh fruit 季節のフルーツ
Green tea 緑茶*

MORNING SHAKES

£18

Green boost shake (ve)

Almond milk, avocado, green apple, spinach

Date, banana, 242 Kcal

Fitness & protein (ve)

Omega seed butter, raw almond milk, wild blueberries,

hemp, chia & dates, 131 Kcal

COLD PRESS

£14

Organic green juice (ve)

Granny Smith apple, kale, cucumber, spinach,

lemon, young ginger, 66 Kcal

Turmeric tonic (ve)

Acacia honey, lime, Himalayan salt, 204 Kcal

Ruby red juice (ve)

Carrot, beetroot, orange, lemon, ginger, 83 Kcal

Orange juice, 122 Kcal

Grapefruit juice, 94 Kcal

Carrot juice, 150 Kcal

BAKERY BASKET**£19**

*Bakery basket including home-made croissant,
pain au chocolat, fruit Danish, brioche, baguette
Served with butter, preserves & honey
(portion for one), 813 Kcal*

CEREALS & BOWLS**£9**

*Corn Flakes, 91 Kcal; Alpen Muesli, 168 Kcal; Special K, 118 Kcal;
Weetabix, 136 Kcal; Frosties, 131 Kcal; Rice Krispies, 85 Kcal;
Bran Flakes, 144 Kcal; Coco Pops, 134 Kcal*

*Vanilla chia bowl (ve) £18.5
Coconut milk, seasonal fruit, cacao nibs, dates,
Brazil nuts 143 Kcal*

*Açai bowl (ve) £18
Coconut yoghurt, banana, cacao nibs, 434 Kcal*

Bircher muesli, apple, nuts (ve), 227 Kcal £15

Seasonal fresh fruit bowl (ve), 160 Kcal £18.5

Seasonal berry bowl (ve), 54 Kcal £23

*Home-made granola & yoghurt (v), 229 Kcal £18
Add berries, 283 Kcal +£9
Secret recipe by our pastry chef*

*Porridge (v), £14
Choice of berries, Brazil nuts, flaked almonds
Banana, sultanas or honey, 370 Kcal*

*Organic gluten free porridge (v) £16
Hemp seeds, Brazil nuts, dates, bee pollen
Goji berries, blueberries, 63 Kcal*

SAVOURY

Kitchari (v) £19
Yoghurt, mint, fermented carrot, turmeric 138 Kcal

Scottish oak smoked salmon £28
Dill, sour cream, blinis 760 Kcal

Full English Breakfast £35
Eggs of your choice, sausages, bacon, baked beans, tomato, mushroom & black pudding 1,159 Kcal

Bagel, Scottish oak smoked salmon, cream cheese 391 Kcal £25

ORGANIC FARM EGGS

Truffle scrambled eggs (v), 369 Kcal £40

Eggs Benedict or Royale 420 Kcal / 433 Kcal £28

Eggs Florentine (v) 380 Kcal £25

Boiled eggs & buttered soldiers (v) 144 Kcal £18

Scottish oak smoked salmon & scrambled eggs 461 Kcal £30

Omelette, 338 Kcal £28
With your choice of fillings
Tomatoes, onions, peppers, mushrooms, Spinach, chillis, cheese or ham

ON SEEDED GRANARY TOAST

<i>Avocado (ve)</i>	<i>£21</i>
<i>Sunflower seeds, lime, chilli, 399 Kcal</i>	
<i>With two poached eggs (v) 465 Kcal</i>	<i>+£10</i>
<i>With Scottish oak smoked salmon, 528 Kcal</i>	<i>+£16</i>

SIDE DISHES

<i>Avocado (ve), 239 Kcal</i>	<i>£12</i>
<i>Roasted mushrooms (v), 239 Kcal</i>	<i>£9</i>
<i>Baked Beans (ve), 74 Kcal</i>	<i>£9</i>
<i>Hash Browns (v), 90 Kcal</i>	<i>£11</i>
<i>Dry cured bacon, 207 Kcal</i>	<i>£12</i>
<i>Grilled tomatoes (v), 17 Kcal</i>	<i>£9</i>
<i>Pork & herb sausages, 618 Kcal</i>	<i>£12</i>
<i>Chicken sausages, 618 Kcal</i>	<i>£12</i>
<i>Beef sausages, 618 Kcal</i>	<i>£12</i>
<i>Vegetarian sausages, 618 Kcal</i>	<i>£12</i>
<i>Scottish oak smoked salmon, 167 Kcal</i>	<i>£16</i>

FAVOURITES

<i>French toast (v)</i>	<i>£24</i>
<i>Brioche, roasted fruit, 328 Kcal</i>	
<i>Buttermilk pancakes (v)</i>	<i>£24</i>
<i>Seasonal berries, banana, maple syrup, 304 Kcal</i>	
<i>Gluten free almond pancakes (v)</i>	<i>£24</i>
<i>Banana, whipped cream, maple syrup, 423 Kcal</i>	
<i>The Connaught waffle (v)</i>	<i>£24</i>
<i>Warm blueberry compote, vanilla Chantilly, Maple syrup 312 Kcal</i>	

ALL DAY DINING

Available from 12 noon until 10:30 pm

CANAPES

Caviar on blinis £115
Crème fraîche, chives, Cheshire Mine Salted 30g, 652 Kcal

Crispy salmon sushi £25
Chipotle emulsion, soy glaze, 311 Kcal

Jamon Ibérico de Bellota £25
Crystal bread, tomato chutney, 125 Kcal

SNACKS

Goat cheese & strawberry jam (v) £21
Basil, parmesan crostini, 328 Kcal

Crispy prawn beignet £25
Sriracha aioli, katsubushi flakes 499 Kcal

Fried chicken £25
Smoky romesco sauce, angel hair chilli 437 Kcal

CONSOMMES & SOUPS

Chicken consommé £23

Free range chicken, rosemary oil, herbs, 599 Kcal

Chilli chicken ramen £37

Shimeji mushrooms, Spring onions, lime juice

Spicy chicken broth, shichimi, 1,035 Kcal

San Marzano tomato soup (v) £24

Aged parmesan, confit cherry tomatoes, 521 Kcal

Farmer's vegetable soup (v) £22

Seasonal vegetables, herb oil, 128 Kcal

Cornish cod & clams chowder £32

Fennel shavings, dill, grilled sourdough bread, 430 Kcal

COLD MEATS

Served with cornichons, mustard, crushed tomatoes

Pain de crystal

Ibérico ham, 1,081 Kcal £77

Cecina de Leon "IGP", 760 Kcal £30

CAVIAR AND SMOKED FISH

Imperial Baeri, 30g, 554 Kcal £115

Imperial Oscietra gold, 30g, 505 Kcal £170

Imperial Beluga, 30g, 559 Kcal £360

*All served with Organic eggs, crème fraiche, chives
Blinis, 481 Kcal*

Hash brown & caviar £34

Imperial Oscietra, bottarga, 384 Kcal

STARTERS

Scottish oak smoked salmon £29

Lemon cream, blinis, 388 Kcal

Yellowfin tuna tartare £35

Papaya, ají amarillo, toasted corn nuts, 238 Kcal

Hereford beef carpaccio £36

Parmesan cheese, pickled shimeji, onion rings, 220 Kcal

Prosciutto & Heritage melon £27

*Cantaloupe, Galia & Honeydew melon, stracciatella Di Bufala,
Basil pesto, pine nuts, 553 Kcal*

SALADS

£26

Create your own salad with four garnishes and your choice of dressings

CHOOSE YOUR SALADS 150 gr

Mesclum baby greens, 20 Kcal; English kale 50 Kcal; Rocket 17 Kcal
Escarole 20 Kcal; Romaine lettuce 17 Kcal

CHOOSE YOUR FOUR GARNISHES

VEGETABLES

Avocado 40 gr, 47 Kcal
Cucumber 30 gr, 4 Kcal
Tomatoes 30 gr, 4 Kcal
Enoki mushrooms 20 gr, 1 Kcal
Grated carrots 20 gr, 6 Kcal
Artichokes 40 gr, 3 Kcal
Sundried tomatoes 40 gr, 89 Kcal

OTHER INGREDIENTS

Taggiasca 30 gr, 57 Kcal
Caper berries 20 gr, 5 Kcal
Soft boiled egg 65 gr, 94 Kcal
Croutons 30 gr, 122 Kcal
Anchovies 15 gr, 19 Kcal
Walnuts 15 gr, 104 Kcal
Pumpkin seeds 10 gr, 57 Kcal

CHEESES

Mozzarella 30 gr, 83 Kcal
Parmesan shavings 20 gr, 77 Kcal
Feta 30 gr, 83 Kcal
Aged Comté 20 gr, 88 Kcal

Additional garnish

+£9

CHOOSE YOUR DRESSINGS 40 gr

Olive oil & lemon juice, 14 Kcal
Olive oil & balsamic vinegar, 12 Kcal
French vinaigrette, 14 Kcal
Caesar dressing with anchovies, 74 Kcal
Truffle vinaigrette, 14 Kcal

+£13

TO ADD TO YOUR SALADS

Scottish lobster (Half 90 gr/whole 180 gr), 34 Kcal/ 67 Kcal £32/£63
Atlantic prawns, 5 pieces, 39 Kcal £26
Scottish oak smoked salmon, 100g, 184 Kcal £30
Grilled chicken, 170g, 250 Kcal £26
Grilled salmon, 160g, 347 Kcal £26

CONNAUGHT CLASSICS

<i>Caesar salad</i>	£31
<i>Iceberg lettuce, anchovies, croutons, avocado</i>	
<i>Parmesan cheese, 1,116 Kcal</i>	
<i>Superfood salad (ve)</i>	£31
<i>Purple gem lettuce, kale, avocado, cucumber, edamame beans</i>	
<i>Goji berries, sunflower seeds, pickled shimeji, lemon &</i>	
<i>E.V. olive oil 334 Kcal</i>	
<i>Grilled shrimp salad</i>	£36
<i>Papaya, round lettuce & rocket, passion fruit dressing, mint,</i>	
<i>peanuts 303 Kcal</i>	
<i>Add Organic French chicken, 346 Kcal</i>	£26
<i>Add Scottish salmon ,391 Kcal</i>	£26
<i>Add Atlantic prawns, 39 Kcal</i>	£26
<i>Add Organic firm tofu (ve), 189 Kcal</i>	£17

SANDWICHES & BURGERS

Served with home-made chips

Classic club sandwich £37

Chicken, turkey bacon, eggs, tomato, lettuce

Turkey bacon mayonnaise, pain de mie 957 Kcal

Scottish lobster roll £45

Lobster bisque emulsion, dill cream, 842 Kcal

Vegetarian club sandwich (v) £30

Avocado, tomatoes, marinated artichokes, pain de mie, 681 Kcal

Croque Monsieur

With Comté cheese & ham, 1,441 Kcal £30

With Comté cheese, ham & truffle, 1,442 Kcal £41

Scottish oak smoked salmon bagel £26

Lemon cream, dill, capers, 521 Kcal

Connaught cheeseburger £41

Smoked Idiazabal cheese, sesame seeds bun

Special tomato relish 1,063 Kcal

Sakura Wagyu beef sandwich £88

Pickled mooli, smoked chipotle, pain de mie, 879 Kcal

Finger sandwiches £21

Seasonal selection, 906 Kcal

FISH AND SEA FOOD

All dishes come with choice of sauce and a side

Cornish Dover sole, 700g £84
Grilled, 477 Kcal or meunière, 685 Kcal

Scottish Blue lobster, 700g £100
Grilled or pan-seared, 624 Kcal

Line caught sea bass, 160g £49
Steamed, grilled or pan-seared, 351 Kcal

Scottish salmon, 160g £41
Steamed, grilled or pan-seared, 466 Kcal

Fish & chips £38
Battered cod, green pea Gribiche sauce, 936 Kcal

Choice of sauces:

Hollandaise, 142 kcal; Tartare sauce, 15 kcal; Vierge, 127 kcal

SIDE DISHES (w)

Home-made chips, 130 Kcal £12

Mashed potatoes, 346 Kcal £11

Baby potatoes £11
Sautéed or steamed, 267 Kcal

Spinach £11
Sautéed or steamed, 28 Kcal

Portobello mushrooms £11
Roasted, 55 Kcal

Seasonal vegetables £11
Sautéed or steamed, 38 Kcal

Basmati rice, 53 Kcal £11

MEAT & POULTRY

All dishes come with choice of sauce and a side

Corn-fed chicken breast £36

Grilled or roasted, 320 Kcal

Beef fillet, 180g £76

Grilled or pan-fried, 252 Kcal

Sakura Wagyu sirloin, 200g £84

Grilled or pan-fried, 302 Kcal

Cornish lamb chops, 250g £52

Grilled or pan-fried, 288 Kcal

Choice of sauces:

Béarnaise 88 Kcal; Peppercorn sauce 88 Kcal; Gravy 79 Kcal

SIDE DISHES (v)

Home-made chips, 130 Kcal £12

Mashed potatoes, 346 Kcal £11

Baby potatoes £11

Sautéed or steamed, 267 Kcal

Spinach £11

Sautéed or steamed, 28 Kcal

Portobello mushrooms £11

Roasted, 55 Kcal

Seasonal vegetables £11

Sautéed or steamed, 38 Kcal

Basmati rice, 53 Kcal £11

PASTA

Spaghetti, Tagliatelle, Penne or Gluten free pasta £27

With butter (v) 1,049 Kcal

With tomato sauce, 701 Kcal or Arrabbiata sauce, 714 Kcal

With pesto (v) 1,019 Kcal

With Bolognese, 874 Kcal +£12

With truffles (v), 752 Kcal +£22

RISOTTO £28
(Arborio)

With parmesan cheese (v), 1,811 Kcal

With wild mushrooms (v), 1,809 Kcal

With lobster, tarragon & chives, 1,908 Kcal £56

With truffles (v), 1,768 Kcal £49

With seasonal vegetables (v), 1,632 Kcal

PIZZA

Available from 12 noon until 10:30 pm

Tomato & mozzarella pizza £28
Basil, chili flakes, 710 Kcal

Black truffle pizza £42
Fontina cheese, 745 Kcal

Spinich & herb pizza £28
Feta & parmesan cheese, lemon, olive oil, 906 Kcal

DESSERTS

Raspberry candy floss £23

Elderflower crémeux, raspberry sorbet 344 Kcal

Millefeuille £25

Puff pastry, vanilla cream, caramel,

Pecans, vanilla ice cream, 659 Kcal

Chocolate Fondant £23

Vanilla ice cream, 633 Kcal

Selection of ice creams & sorbets £16

(3 flavours), 264 Kcal

Selection of seasonal fresh fruit, 160 Kcal £19

CHEESE SELECTION, 233 KCAL £30

Tomato relish, crackers

Franche Comté

(Aged for 28 months, raw cow's milk, hard French cheese)

Montgomery's Cheddar

(Raw cow's milk, Somerset UK)

Brillat Savarin

(Raw cow's milk, French)

Dorstone

(Pasteurised goats' milk, Hertfordshire, UK)

Colston Bassett Stilton

(Pasteurised cow's milk, Nottinghamshire, UK)

CRÊPES £21

(Available from 12pm until 7:30pm)

Lemon & sugar crêpe

Raspberry compote, lemon sorbet 280 Kcal

Hazelnut & chocolate crêpe

Caramelised hazelnuts, vanilla ice cream 320 Kcal

JEAN-GEORGES AT THE CONNAUGHT

Available from 12 noon until 10:30 pm

CAVIAR

Egg toast with caviar £47
Imperial Oscietra Gold, herbs, 133 Kcal

STARTERS

Wild rocket & shaved Brussels sprouts (v) £24
Manchego cheese, dill
Green olive dressing, 204 Kcal

Spicy Thai slaw £24
Asian pear, mint
Crispy shallots, 59 Kcal

Warm shrimp £35
Round lettuce, avocado, tomato
Champagne vinegar dressing, 329 Kcal

Crispy Galician octopus £29
Smoked paprika crème fraîche
Guajillo vinaigrette, 526 kcal

VEGETARIAN

Autumn market vegetables (ve) £30
Brown rice, salsa verde, lime 297 Kcal

Charred sweet potato (v) £32
Coconut yoghurt, tandoori masala
Lime oil, mint 686 Kcal

FISH

Cornish sea bass £54
Crusted with nuts & seeds
Sweet & sour jus 865 Kcal

Spice crusted salmon £44
Poached fennel, herb purée
Fragrant coconut & lime infusion 584 Kcal

MEAT

Organic chicken £43
Parmesan crusted, artichokes, lemon-basil sauce, 901 Kcal

Cornish roasted lamb rack £53
Crackling riblets, smoked chilli glaze
Tenderstem broccoli 868 Kcal

SIDES

Whole roasted cauliflower (ve) £16.5/28
Grain mustard sauce, herbs, 347 Kcal/ 694 Kcal

Butternut squash gratin (v) £12
Thyme chilli crumbs, balsamic vinegar glaze 445 Kcal

DESSERTS

Pineapple & kaffir lime £21
Yoghurt foam, passion fruit juice, 312 Kcal

Plum meringue £22
Mirabelle sorbet, plum & Verjus sauce 238 Kcal

Fig sablé £22
Almond mousse, fig sorbet, 421 Kcal

MIDDLE EASTERN SELECTION

COLD MEZZE

(All served with homemade pickles & khobez)

Hummus (ve) £14
Chickpea purée with sesame paste (Tahini)
& lemon juice, 785 Kcal

Labneh (v) £14
Strained yoghurt served with olive oil
Dried thyme, 820 Kcal

Marinated olives, 12 Kcal £11

Fatoush £19
Cucumber, tomatoes & romaine salad
With pita chips, 523 Kcal

HOT MEZZE

Falafel £21
Deep fried beans & fine herb croquettes, tahini, 1,570 Kcal

Sambousek (7 pieces) £21/£32
Cheese, 791 cal or lamb, 1,544 Kcal

Spinach fatayer (v) £21
Baked pastry parcels filled with spinach, spring onion
Pine nuts & sumac, 1,175 Kcal

Kibbeh shameyieh £40
Deep fried lamb meatballs mixed
With cracked wheat & onions, 1,359 Kcal

MAIN COURSES

Marinated roast baby chicken £50
Garlic sauce & home-made chips, 733 Kcal

Chicken kabsa £37
Marinated chicken, kabsa rice
Yoghurt dip, tomato sauce, 666 Kcal

Spiced lamb koftas £46
Minted salad & yoghurt, pickled onions, 739 Kcal

Roast lamb £52
Marinated in Lebanese herbs & spices
Braised shank of lamb, lamb rice, 409 Kcal

INDIAN SELECTION

(All served with poppadums & pickles)

Dum lamb biryani £42
Marinated lamb, crispy onions, fresh mint,
cashew nuts, 539 Kcal

Old Delhi style Butter Chicken £37
Spiced tomato & butter sauce, basmati rice, 774 Kcal

Kitchari (v) £19
Yoghurt, mint, fermented carrot, turmeric, 138 Kcal

SIDE DISHES

Panchratna dal (v) £20
Rajasthani blend of five lentils, mustard
Chilli & cumin, 253 Kcal

Chana masala (ve) £20
Slow cooked chickpeas, tomato masala, 251 Kcal

JUNIOR SELECTION

STARTERS

<i>Smoked salmon & blinis, 510 Kcal</i>	<i>£20</i>
<i>Tomato & mozzarella (v), 336 Kcal</i>	<i>£17</i>
<i>Chicken broth with herbs, 583 Kcal</i>	<i>£15</i>
<i>Mixed green salad (ve), 54 Kcal</i>	<i>£11</i>

MAIN COURSES

<i>Cheese on toast (v), 517 Kcal</i>	<i>£19</i>
<i>Mini beef burgers</i>	<i>£23</i>
<i>Cheese, tomatoes & chips, 1,217 Kcal</i>	
<i>Home-made chicken nuggets & chips, 1,421 Kcal</i>	<i>£21</i>
<i>Mini fish & chips, 936 Kcal</i>	<i>£21</i>
<i>Penne pasta</i>	
<i>With tomato sauce (ve), 701 Kcal</i>	<i>£20</i>
<i>With chicken cream, 593 Kcal</i>	<i>£24</i>
<i>Grilled chicken breast, 622 Kcal</i>	<i>£24</i>
<i>Grilled sea bass, 876 Kcal</i>	<i>£32</i>
<i>SIDES (v)</i>	<i>£11</i>

<i>Mashed potatoes, 346 Kcal</i>
<i>Chips, 130 Kcal</i>
<i>Steamed vegetables, 23 Kcal</i>
<i>Steamed spinach, 28 Kcal</i>

SWEET TREATS

<i>Selection of ice cream & sorbet, 192K cal</i>	<i>£16</i>
<i>Chocolate fondant, 633 Kcal</i>	<i>£22</i>
<i>Seasonal fruit bowl, 346 Kcal</i>	<i>£18.5</i>

LATE NIGHT

Available from 10:30pm until 7am

STARTERS AND SALADS

Caesar salad £31

Iceberg lettuce, anchovies, croutons

Parmesan cheese, 1,116 Kcal

Grilled shrimp salad £36

Papaya, round lettuce & rocket, passion fruit dressing, mint,

peanuts 303 Kcal

Add Organic French chicken, 346 Kcal £26

Add Scottish salmon, 391 Kcal £26

Add Atlantic prawns, 39 Kcal £26

Add Organic firm tofu (ve), 189 kcal £17

Prosciutto & Heritage melon £27

Cantaloupe, Galia & Honeydew melon, stracciatella Di Bufala,

Basil pesto, pine nuts , 553 Kcal

Oak smoked salmon £29

Blinis, toast, crème fraiche, 760 Kcal

SOUPS

San Marzano tomato soup (v) £24

Aged parmesan, confit cherry tomatoes, 521 Kcal

Chicken consommé £23

Free range chicken, rosemary oil, herbs, 599 Kcal

Chilli chicken ramen £37

Shimeji mushrooms, Spring onions, lime juice

Spicy chicken broth, shichimi, 1,842 Kcal

SANDWICHES

Served with home-made chips

Connaught cheeseburger £41
Smoked Idiazabal cheese, sesame seeds bun
Special tomato relish 1,063 Kcal

Classic club sandwich £37
Chicken, turkey bacon, eggs, tomato, lettuce,
Turkey bacon mayonnaise, pain de mie 957 Kcal

Vegetarian club sandwich (v) £30
Avocado, tomatoes, marinated artichokes, pain de mie, 681 Kcal

PASTA

Penne or spaghetti £27

With tomato sauce (ve), 701 Kcal

With pesto (v), 1,019 Kcal

With Bolognese, 874 Kcal +£12

RISOTTO £28
(Arborio)

With wild mushrooms (v), 1,809 Kcal

With seasonal vegetables (v), 1,632 Kcal

FISH

All dishes come with choice of sauce and a side

Cornish Dover sole, 700g £84
Grilled, 44 Kcal or meunière, 685 Kcal

Scottish salmon, 160g £41
Steamed or pan-seared, 466 Kcal

Fish & chips £38
Battered cod, green pea Gribiche sauce, 936 Kcal

Choice of sauces:
Hollandaise, 142 Kcal; Tartare sauce, 15 Kcal

MEAT AND POULTRY

All dishes come with choice of sauce and a side

Corn-fed chicken breast £36
Grilled or roasted, 320 Kcal

Sakura Wagyu sirloin 200g, 302 Kcal £84

Cornish lamb chops, 250g £52
Grilled or pan-fried, 288 Kcal

Choice of sauces:
Béarnaise, 88 Kcal; Peppercorn sauce, 88 Kcal; Gravy 79 Kcal

SIDE DISHES (v)

Home-made chips, 130 Kcal £12

Mashed potatoes, 346 Kcal £11

Baby spinach, sautéed, 28 Kcal £11

Mixed vegetables, 38 Kcal £11

Basmati rice, 53 Kcal £11

DESSERTS

Millefeuille £25
Puff pastry, vanilla cream, caramel,
Pecans, vanilla ice cream, 659 Kcal

Chocolate Fondant £23
Vanilla ice cream, 633 Kcal

Selection of seasonal fresh fruit, 160 Kcal £19

CHEESE SELECTION, 233 Kcal £30

Tomato relish, crackers
Frache Comté
(Aged for 28 months, raw cow's milk, hard French cheese)
Montgomery's Cheddar
(Raw cow's milk, Somerset UK)
Brillat Savarin
(Raw cow's milk, French)
Dorstone
(Pasteurised goats' milk, Hertfordshire, UK)
Colston Bassett Stilton
(Pasteurised cow's milk, Nottinghamshire, UK)

AFTERNOON TEA, 2,356 Kcal £85

Available from 2:30pm

With a glass of Billecart Salmon Brut Champagne £95

With a glass of Billecart Salmon Rose Champagne £100

Our afternoon tea includes:

Selection of finger sandwiches

Cucumber & white sesame cream

Wasabi, lemon balm, lime zest, white bread 113 Kcal

St. Ewe rich yolk egg

Miso & dill mayonnaise, jalapeño chilli, white bread 167 Kcal

Scottish smoked salmon

Golden beetroot & lemon cream, cardamom

Brown bread 212 Kcal

Roasted Norfolk bronze turkey

Hispi cabbage & green apple, harissa emulsion

White bread 194 kcal

Slow cooked beef brisket

Wild rocket pesto, horseradish, pickled carrot

Brown bread 220 Kcal

Scones, clotted cream, preserves

Selection of French pastries

Your choice of hot beverage:

Sustainably sourced through JING tea

TEA

Sustainably sourced through Tregothnan and JING tea

THE CONNAUGHT SIGNATURE BLEND

£11

Grown in perfect conditions on the ancient Cornish Tregothnan estate and considered the world's first true British tea. This smooth, rich Assam style is made from fulsomely oxidized leaves exclusively picked from the slopes above the River Fal, Cornwall, UK.

BLACK TEA

£9

*Connaught English Breakfast
Decaffeinated English Breakfast
Assam Breakfast
Earl Grey
Darjeeling Second Flush*

GREEN TEA

£9

Jade Sword

WHITE TEA

£9

Jasmine Silver Needle

HERBAL INFUSIONS

£9

*Organic Chamomile
Organic Peppermint
Lemongrass & Ginger
Rooibos*

FRESH INFUSIONS

£9

*Fresh mint tea
Fresh lemon tea
Fresh ginger tea*

ICED TEAS

£9

*Your choice of traditional home-made iced tea
with mint & sliced lemon*

COFFEE

Sustainably sourced through Extract Coffee

Guatemalan blend coffee	£9
French press coffee	£9
Americano	£9
Single espresso or macchiato	£9
Double espresso or macchiato	£9
Cappuccino	£9
Latte, vanilla latte or mocha	£9
Valrhona Celaya chocolate drinks (served hot or cold)	£9
Iced coffee	£9

MILK

(All coffee & tea can be served with your choice of milk)

Soya
Oat
Almond
Coconut
Hazelnut
Rice milk
Lactose free
Double cream

DRINKS SELECTION

CHAMPAGNE – BY THE GLASS		125ML	BOTTLE
NV	<i>Billecart-Salmon, Le Reserve</i>	28	145
NV	<i>Billecart-Salmon, Le, Rosé</i>	35	185
2009	<i>Billecart-Salmon, Brut, Cuvée Louis Salmon B. de Blancs</i>	60	350
WHITE WINE – BY THE GLASS		175ML	BOTTLE
2023	<i>Sancerre, La Guiberte, A. Gueneau Loire Valley, France</i>	24	90
2022	<i>Chablis, Domaine Nathalie & Gilles Fèvre Burgundy, France</i>	28	105
2022	<i>Grüner Veltliner, Martin Muthenthaler Wachau, Austria</i>	29	110
2019	<i>Meursault, Vincent Girardin Burgundy, France</i>	40	195
ROSE WINE – BY THE GLASS		175ML	BOTTLE
2022	<i>Tormaresca, Calafuria, Rosato Puglia, Italy</i>	19	75
RED WINE – BY THE GLASS		175ML	BOTTLE
2022	<i>Dolcetto d'Alba, Roagna Piedmont, Italy</i>	25	95
2022	<i>Bourgogne, Domaine David Duband Burgundy, France</i>	26	95
2019	<i>Mondot, de Chateau Troplong Mondot Bordeaux, France</i>	28	105
2020	<i>Crozes Hermitage, Domaine Alain Graillot Rhône Valley, France</i>	32	125
SWEET WINE – BY THE GLASS		100ML	BOTTLE
2017	<i>Tokaji, Szamorodni, Istvan Szepsy (500ml) Tokaji, Hungary</i>	32	190

DRINKS SELECTION

CHAMPAGNE – HALF BOTTLES

375 ML

NV	<i>Billecart-Salmon, Brut, Réserve</i>	70
NV	<i>Billecart-Salmon, Rosé</i>	90

WHITE WINE – HALF BOTTLES

2023	<i>Chablis Vieilles Vignes, Domaine Testut</i> <i>Burgundy, France</i>	65
2019	<i>Riesling, QBA, Scharzhof, 2019</i> <i>Mosel, Germany</i>	95

RED WINE – HALF BOTTLES

2022	<i>Côtes du Rhône, Vieilles Vignes,</i> <i>Espigouette</i> <i>Rhône Valley, France</i>	75
2019	<i>Château de Côme</i> <i>St-Estèphe, Bordeaux, France</i>	85
2016	<i>Nuits-St-Georges, Domaine David Duband</i> <i>Burgundy, France</i>	95

BOTTLED BEER

330 ML

	<i>Lucky Saint, Bavaria, Germany</i> <i>Unfiltered Low Alcohol Lager (0.5%)</i>	10.5
	<i>Noam, Bavaria, Germany</i> <i>Lager</i>	10.5

CHAMPAGNE – BY THE BOTTLE

BILLECART-SALMON

<i>NV</i>	<i>Brut, Brut Reserve</i>	145
<i>NV</i>	<i>Brut, Blanc de Blancs</i>	210
<i>NV</i>	<i>Brut, Rosé</i>	185
<i>2012</i>	<i>Brut, Rosé, Cuvée Elisabeth Salmon</i>	350

BOLLINGER

<i>NV</i>	<i>Brut, Special Cuvée</i>	145
<i>NV</i>	<i>Brut, Rosé</i>	165

DOM PERIGNON

<i>2013</i>	<i>Brut</i>	425
<i>2008</i>	<i>Brut, Rosé</i>	1050

KRUG

<i>NV</i>	<i>Brut, Grande Cuvée, 171ÈME Edition</i>	550
<i>NV</i>	<i>Brut, Rosé, 26th Edition</i>	800

DRINKS SELECTION

LOUIS ROEDERER

NV	<i>Brut, Collection 245</i>	160
2015	<i>Brut, Cristal</i>	550
2015	<i>Brut, Rosé</i>	250
2009	<i>Brut, Rosé, Cristal</i>	1250

JACQUESSON

NV	<i>Extra-Brut, Cuvée 746</i>	195
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POL ROGER

NV	<i>Brut, Reserve</i>	160
2015	<i>Brut, Blanc de Blancs</i>	270

RUINART

NV	<i>Brut, R de Ruinart</i>	185
NV	<i>Brut, Blanc de Blancs</i>	250
NV	<i>Brut, Rosé</i>	250

FULL WINE LIST AVAILABLE
UPON REQUEST

SPIRITS

VODKA

<i>Ketel One (Holland)</i>	£16
<i>Grey Goose (France)</i>	£18
<i>Desi Daru (Anglo-Indian)</i>	£17

GIN

<i>Bombay Sapphire</i>	£16
<i>Hendrick's</i>	£19
<i>Tanqueray Ten</i>	£19

WHISKY

BLENDS

<i>Johnnie Walker Black Label</i>	£16
<i>Compass Box Oak Cross</i>	£19

SINGLE MALTS

<i>Oban 14 yo</i>	£19
<i>Laphroaig 10 yo</i>	£27
<i>Macallan Sherry Oak 12yo</i>	£37
<i>Macallan Double Cask 18yo</i>	£93

IRISH

<i>Redbreast 12 yo</i>	£20
<i>Bushmills 10 yo</i>	£16

AMERICAN

<i>Jack Daniels Single Barrel</i>	£20
<i>Maker's Mark Red Label</i>	£16

CANADIAN

<i>That Boutique-y Whisky Company, Canadian Corn 8yo</i>	£18
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DRINKS SELECTION

RUM

<i>Havana Club, 3 años, Cuba</i>	£16
<i>Diplomatico Reserva Exclusiva, Venezuela</i>	£19

TEQUILA

<i>Patron Reposado</i>	£23
<i>Patron Silver</i>	£18

APERITIF

<i>Campari</i>	£11
<i>Noilly Prat</i>	£11
<i>Pimms's No 1</i>	£11

LIQUEUR

<i>Amaretto Disaronno</i>	£11
<i>Baileys</i>	£11
<i>Cointreau</i>	£11
<i>Drambuie</i>	£11
<i>Grand Marnier</i>	£13

DIGESTIF

<i>Bas –Armagnac, Francis Darroze 1995</i>	£21
<i>Cognac Hennessy XO</i>	£39

SOFT DRINKS

MIXERS

<i>Tonic, Lemonade, Ginger Ale,</i>	£7.50
<i>Soda Water</i>	
<i>Coca Cola, Diet Coca Cola, Coke Zero</i>	£7.50
<i>Red Bull</i>	£7.50
<i>Sprite</i>	£7.50

KOMBUCHA

<i>Clever Kombucha Original</i>	£13
<i>Clever Kombucha Ginger</i>	£15

JUICES

<i>Orange, Grapefruit</i>	£14
<i>Apple, Cranberry, Mango, Tomato</i>	£10.50
<i>or Pineapple</i>	

WATER

ITALY

<i>Acqua Panna, 750ml Still</i>	£10.5
<i>Acqua Panna, 500ml Still</i>	£8
<i>San Pellegrino, 750ml Sparkling</i>	£10.5
<i>San Pellegrino, 500ml Sparkling</i>	£8

FRANCE

<i>Evian, 750ml Still</i>	£10
<i>Perrier, 750ml Sparkling</i>	£10

FIJI

<i>Fiji, 1l Still</i>	£11
<i>Fiji, 500ml Still</i>	£7.50

UK

<i>Llanllŷr Source Artesian Water, 750ml</i>	£18
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CIGARETTES

CIGARETTES

(Pack of 20)

<i>Marlboro Gold</i>	<i>£25</i>
<i>Marlboro Red</i>	<i>£25</i>
<i>Benson & Hedges Gold</i>	<i>£25</i>
<i>Silk Cut Purple</i>	<i>£25</i>