



THE CONNAUGHT

# AUTUMN & WINTER

## Breakfast Selection By Jean-Georges

Our Private Events menus are created using the finest  
British products, sourced from local suppliers.

These dishes reflect the quintessentially British heritage of The Connaught  
whilst being influenced by the best of international flavours.

Executive chef – Anshu Anghotra  
Pastry chef – Nicolas Rouzaud

Please notify us of your specific dietary requirements to ensure we are able to provide accurate information & advice on the ingredients and allergens in our dishes.

All prices are inclusive of VAT at the current rate of 20%.  
Please note, a discretionary service charge of 12.5% will be added to your account.



# THE CONNAUGHT

## BREAKFAST MENUS

PER PERSON

### CONTINENTAL BREAKFAST

£30.00

Freshly Squeezed Juices  
Orange, Grapefruit & Carrot

Basket of Pastries from The Connaught's Bakery  
Croissants, Pains au Chocolat, Danish Pastries & Toast  
Selection of Preserves & Butter

Seasonal Fruit Salad

The Connaught Blended Coffee  
Selection of Teas & Herbal Infusions

### ENGLISH BREAKFAST

£38.00

Freshly Squeezed Juices  
Orange, Grapefruit & Carrot

The Connaught Bakery Basket  
Croissants, Pains au Chocolat, Danish Pastries & Toast  
Selection of Preserves & Butter

Full English  
Scrambled Eggs, Dry Cured Bacon, Sausage, Mushrooms & Tomatoes.

or

Smoked Salmon & Scrambled Eggs

The Connaught Blended Coffee  
Selection of Teas & Herbal Infusions

*Supplement of £15 per person for choice menu*

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## BREAKFAST MENUS

PER PERSON

### WELL-BEING BREAKFAST

£35.00

Freshly Squeezed Juices  
Orange, Grapefruit & Carrot

Green Juice  
Granny Smith Apple, Kale, Cucumber, Spinach, Lemon, Young Ginger

Fruit & Berry Bowl

Vanilla Chia Bowl  
Dates, Cacao, Brazil Nuts, Hemp, Fruits

Bircher Muesli, Apples, Goji Berries, Nuts

Home-Made Granola, Nuts, Greek Yogurt

The Connaught Blended Coffee  
Selection of Teas, Herbal Infusions & Green Tea

### THE EUROPEAN BREAKFAST

£35.00

Freshly Squeezed Juices  
Orange, Grapefruit & Carrot

The Connaught Bakery Basket  
Croissants, Pains au Chocolat, Danish Pastries, Toast & Baguette  
Selection of Preserves & Butter

Assorted Mild Artisanal Cheeses  
Artisan Breakfast Cold Cut Meats  
Fresh Seasonal Fruit Salad

The Connaught Blended Coffee  
Selection of Teas & Herbal Infusions

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## INDIVIDUAL BREAKFAST ITEMS

PER PERSON

Choose from the following items to enhance your set breakfast or create your own

### JUICES

Freshly Squeezed Orange, Grapefruit or Carrot Juice £10.00

Green Juice £10.00  
Granny Smith Apple, Kale, Cucumber, Spinach, Lemon, Young Ginger

Ruby Red Juice £10.00  
Carrot, Beetroot, Orange, Lemon, Ginger

### SMOOTHIES

Yogurt, Berry & Pollen Defense £12.00  
Yogurt, Strawberry, Raspberry, Blueberry, Local Bee Pollen, Honey

Maca-Cacao Energy £12.00  
Maca, Cacao, Cinnamon, Banana, Strawberries, Coconut

Fitness & Protein £12.00  
Omega Seed Butter, Chia, Dates, Raw Almond Milk, Wild Blueberries, Hemp

### BOWLS

Wild Blueberry Bowl £16.00  
Jungle Peanut Butter, Fresh & Dried Fruit

Vanilla Chia Bowl £16.00  
Dates, Cacao, Brazil Nuts, Hemp, Fruits

Seasonal Fruit with Yogurt, Pollen, Salted Oats & Seeds £12.00

Bircher Muesli, Apples, Goji Berries, Nuts £9.00

Fresh fruit bowl £12.00

Seasonal berry bowl £18.00

Granola & Yoghurt £12.00  
with Berries £16.00

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## FROM THE CONNAUGHT BAKERY

|   |        |
|---|--------|
| Toast – Choice of White, Brown, Granary or Rye Bread                          | £6.00  |
| Basket of Pastries Including, Croissants, Pains au Chocolate, Danish Pastries | £11.00 |

## BREAKFAST SPECIALITIES

|   |        |
|---|--------|
| Avocado   | £13.00 |
| Cumin, Lime, Chilly, Granary Toast                  |        |
| With 2 Poached Eggs                                 | £20.00 |
| With Smoked Salmon                                  | £22.00 |
| Baked Beans   | £15.00 |
| Homemade Chorizo, Granary Toast                     |        |
| H. Foreman's Smoked Salmon & Organic Scrambled Eggs | £25.00 |
| Truffle Scrambled Eggs                              | £35.00 |
| Eggs Benedict                                       | £21.00 |
| Slow Roasted Ham, Hollandaise                       |        |
| French Brioche Toast                                | £16.00 |
| Roasted Fruit                                       |        |
| Buttermilk Pancakes                                 | £16.00 |
| Seasonal Berries, Banana                            |        |
| Gluten Free Almond Pancakes                         | £18.00 |
| Banana Whipped Cream, Maple Syrup                   |        |
| Belgian Waffles                                     | £14.00 |
| Blueberries, Whipped Cream                          |        |

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## COFFEE BREAKS

PER PERSON

### COFFEE BREAKS

|  |        |
|--|--------|
| Tea, Coffee, Homemade Connaught Biscuits | £7.50  |
| Tea, Coffee, Fresh Breakfast Pastries    | £14.00 |
| Tea, Coffee, Afternoon Tea Pastries      | £20.00 |

### COFFEE BREAK ENCHANCEMENT

#### SAVOURY

|   |       |
|---|-------|
| The Connaught Trail Mix   | £6.00 |
| Selection of Seasonal Crudités, Assorted Dips (Served Individually) | £5.00 |
| Roasted Almonds with Maldon Salt                                    | £4.00 |
| Assorted Tea Sandwiches (Two per Person)                            | £6.00 |
| Mixed Nuts Roasted, Honey & Spice                                   | £4.00 |

#### SWEET

|  |       |
|--|-------|
| Buttermilk Scones, Homemade Strawberry Jam and Clotted Cream | £6.00 |
| Chocolate and Walnut Brownies                                | £5.00 |
| Madeleines, Lemon Drizzle                                    | £4.00 |
| Assorted Macaroons   | £6.00 |
| Carrot Cake  | £4.00 |
| Homemade Chocolate Cookies                                   | £4.00 |
| Chia & Coconut Bowl, Nuts and Fruits                         | £6.00 |

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## BREAKFAST CANAPÉS MENU

PER ITEM

### COLD

|  |       |
|--|-------|
| Home-made Granola, Greek Yogurt & Red Berry Sauce                  | £5.00 |
| Mini Spinach & Goat's Cheese Quiche                                | £6.00 |
| Scottish Smoked Salmon Tartare, Horseradish Cream & chives         | £6.00 |
| Smoked Haddock, Pumpernickel bread, Marinated Radish & Lemon Cream | £6.00 |

### HOT

|   |       |
|---|-------|
| Connaught Croque-Monsieur, Aged Comté cheese                      | £6.00 |
| Mini Cheese Gougère, Ham & Chives                                 | £6.00 |
| Sunny Side Up Quail Egg, Roasted Spinach & Truffle, Brioche Toast | £6.00 |
| Mini Green Asparagus & Scrambled Egg "Vol Au Vent"                | £6.00 |

### SWEET

|                                |       |
|--------------------------------|-------|
| Basket of Mini Pastries        | £8.00 |
| Blueberry Muffins              | £5.00 |
| Seasonal Fruit Skewers         | £5.00 |
| Lemon Madeleines               | £5.00 |
| Greek Yoghurt, Honey, Dry Nuts | £5.00 |

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